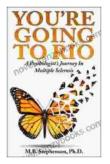
# You're Going to Rio: The Ultimate Guide to the 2016 Olympic Games

### Everything You Need to Know About the 2016 Olympic Games in Rio de Janeiro

The 2016 Olympic Games are just around the corner, and if you're planning to head to Rio de Janeiro to experience the excitement firsthand, then you'll need to do your research. This guide will provide you with everything you need to know about the Games, from travel tips to event schedules to insider stories.



### You're Going To Rio!: A Psychologist's Journey In

Multiple Sclerosis by M. B. Stephenson

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#### **Travel Tips**

 Book your flights and accommodations early. Rio de Janeiro is a popular tourist destination, and prices will only go up as the Games get closer.

- Consider purchasing travel insurance. This will protect you in case of lost luggage, medical emergencies, or other unexpected events.
- Pack light. You'll be ng a lot of walking, so you don't want to carry around a heavy suitcase.
- Learn a few basic Portuguese phrases. This will help you get around and communicate with locals.
- Be prepared for crowds. Rio de Janeiro is a very crowded city, especially during the Games. Be patient and allow yourself plenty of time to get around.

#### **Event Schedules**

The Olympic Games will be held from August 5th to August 21st, 2016. There will be 28 different sports contested, with over 10,000 athletes competing for gold, silver, and bronze medals.

The full event schedule is available on the official Olympic website. However, here are some of the most popular events:

- Opening Ceremony: August 5th
- Men's 100-meter final: August 14th
- Women's gymnastics all-around final: August 12th
- Men's basketball final: August 21st
- Closing Ceremony: August 21st

#### **Insider Stories**

In addition to the official events, there will be plenty of other things to see and do in Rio de Janeiro during the Games. Here are a few insider tips:

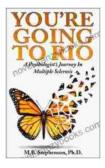
- Visit the Christ the Redeemer statue. This iconic statue is one of the most popular tourist attractions in Rio de Janeiro, and it offers stunning views of the city.
- Take a walk along Copacabana Beach. This famous beach is a great place to relax, sunbathe, or people-watch.
- Visit the Sugarloaf Mountain. This mountain offers another great view of Rio de Janeiro, and you can reach the top by cable car.
- Attend a samba show. Samba is the national dance of Brazil, and there are many samba schools in Rio de Janeiro that offer shows for tourists.
- Try the local cuisine. Rio de Janeiro has a diverse culinary scene, with everything from traditional Brazilian dishes to international cuisine.

The 2016 Olympic Games are going to be an unforgettable experience. If you're planning to head to Rio de Janeiro, then be sure to do your research and plan your trip accordingly. This guide will provide you with everything you need to know to make the most of your time in Rio.

So what are you waiting for? Start planning your trip to Rio de Janeiro today!

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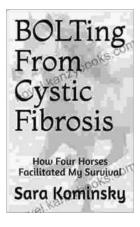
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