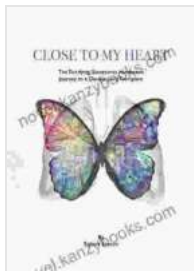


"Terrifying & Sometimes Humorous" Journey to a Double Lung Transplant

A rare lung disease, a life-saving transplant, and the unexpected humor found along the way

In 2015, I was diagnosed with a rare lung disease called idiopathic pulmonary fibrosis (IPF). IPF is a progressive disease that causes scarring of the lungs, making it difficult to breathe. There is no cure for IPF, and the only treatment option for end-stage IPF is a lung transplant.

In 2017, I received a double lung transplant. The surgery was successful, but the recovery was long and difficult. I spent months in the hospital and rehabilitation, and I had to learn how to breathe all over again.



Close to My Heart: The Terrifying, Sometimes Humorous Journey to a Double-Lung Transplant

by Robert Emmet

★★★★☆ 4.8 out of 5

Language : English
File size : 3652 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 330 pages
Lending : Enabled

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The journey to a double lung transplant was terrifying at times. I was scared of the surgery, the pain, and the unknown. But I also found humor in the strangest of places. For example, I remember one day when I was in the hospital, I was so weak that I couldn't even lift my head off the pillow. But when the nurse came in to check on me, I managed to give her a weak thumbs-up and say, "I'm still here!"

Humor helped me to cope with the challenges of my lung transplant. It helped me to stay positive and to keep fighting.

I am now two years out from my double lung transplant, and I am doing well. I am grateful for the gift of life that I have been given, and I am committed to living my life to the fullest.

I have written a book about my journey to a double lung transplant. The book is called "The Terrifying & Sometimes Humorous Journey to a Double Lung Transplant." In the book, I share my story of hope, humor, and survival.

I hope that my book will inspire others who are facing challenges in their lives. I want people to know that even in the darkest of times, there is always hope.

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My book is available on [Our Book Library.com](http://OurBookLibrary.com). To Free Download your copy, please click on the link below.

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About the Author

I am a wife, mother, and grandmother. I am also a double lung transplant recipient. I am passionate about sharing my story of hope, humor, and survival.

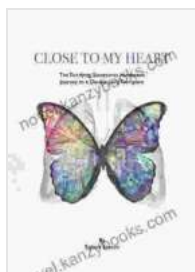
I am available for speaking engagements and book signings. For more information, please contact me at

Praise for "The Terrifying & Sometimes Humorous Journey to a Double Lung Transplant"

"An inspiring and heartwarming story of hope and survival." - Our Book Library reviewer

"A must-read for anyone facing a difficult challenge in life." - Goodreads reviewer

"A funny and poignant account of a life-changing experience." - BookBub reviewer



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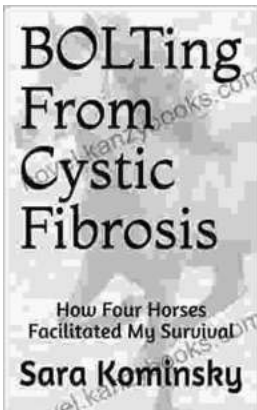
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