

Love Junkie: A Memoir of Obsession, Addiction, and Recovery



Love Junkie: A Memoir by Rachel Resnick

★★★★☆ 4.5 out of 5

Language : English
File size : 544 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 257 pages
Lending : Enabled



By Rachel Resnick

A Gripping and Unflinching Memoir

In this gripping and unflinching memoir, Rachel Resnick shares her journey from a young woman consumed by addiction to a woman who rediscovers love and healing. Love Junkie is a must-read for anyone who has ever struggled with addiction or for those who have loved someone who has.

Rachel's story is one of heartbreak, addiction, and recovery. She writes with raw honesty about her struggles with addiction, her relationships with abusive men, and her attempts to find love in all the wrong places. But Rachel's story is also one of hope and redemption. She writes about the power of therapy, the importance of self-love, and the healing power of love.

Love Junkie is a powerful and inspiring memoir that will resonate with anyone who has ever struggled with addiction or heartbreak. Rachel's story is a reminder that we are all capable of change, no matter how far we may have fallen.

Advance Praise for Love Junkie



“Love Junkie is a powerful and unflinching memoir that will resonate with anyone who has ever struggled with addiction or heartbreak. Rachel Resnick writes with raw honesty about her struggles, but her story is also one of hope and redemption. Love Junkie is a must-read for anyone who has ever loved someone who struggles with addiction.”

- Lori Gottlieb, New York Times bestselling author of Maybe You Should Talk to Someone



“Love Junkie is a raw and honest account of one woman's journey through addiction and recovery. Rachel Resnick writes with courage and vulnerability about her struggles with addiction, relationships, and self-love. This is a powerful and inspiring memoir that will resonate with anyone who has ever struggled with addiction or heartbreak.”

- Elizabeth Gilbert, New York Times bestselling author of Big Magic and Eat, Pray, Love

About the Author

Rachel Resnick is a writer, speaker, and addiction recovery advocate. She is the author of the award-winning memoir, *Love Junkie: A Memoir of Obsession, Addiction, and Recovery*. Rachel has been featured in *The New York Times*, *The Washington Post*, and *The Oprah Magazine*. She has also appeared on *The Today Show*, *Good Morning America*, and NPR's *Fresh Air*.

Rachel is passionate about helping others who are struggling with addiction and heartbreak. She speaks regularly at conferences and workshops around the country. She also offers online courses and resources for people in recovery.

Buy Love Junkie

Love Junkie is available now in hardcover, paperback, and ebook. You can Free Download *Love Junkie* from your local bookstore or online from Our Book Library, Barnes & Noble, or Apple Books.

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