

# Everyday Meals for Invalids: A Collection of Tiny Recipes, Tasty and Nourishing



Everyday Meals For Invalids - A Collection of Tiny Recipes, Tasty and Nourishing, for Every Day in the

**Year** by Ashley Williams

★★★★☆ 4 out of 5



Language	: English
File size	: 1027 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 47 pages
Paperback	: 54 pages
Item Weight	: 3.04 ounces
Dimensions	: 6 x 0.13 x 9 inches



This vintage cookbook is a treasure trove of recipes for those who are recovering from illness or injury. With over 100 recipes to choose from, you're sure to find something that will tempt your appetite and help you on the road to recovery.

The recipes in this book are all designed to be easy to digest and packed with nutrients. They're also small in size, so you can eat a little bit at a time without feeling overwhelmed.

Whether you're looking for soups, stews, main courses, or desserts, you'll find plenty of options in this book. There are even recipes for special diets, such as low-fat, low-sodium, and gluten-free.

If you're looking for a cookbook that will help you get back on your feet, *Everyday Meals for Invalids* is the perfect choice. With its delicious and nutritious recipes, you'll be sure to find something that will help you feel better fast.

**Here are just a few of the recipes you'll find in this book:**

- Cream of tomato soup
- Chicken and rice soup
- Beef stew
- Baked chicken
- Mashed potatoes
- Green beans
- Apple pie
- Rice pudding

**Free Download your copy of Everyday Meals for Invalids today!**

This book is available in paperback and ebook formats. You can Free Download your copy from Our Book Library, Barnes & Noble, or your favorite online retailer.

Don't wait another day to start feeling better. Free Download your copy of Everyday Meals for Invalids today!



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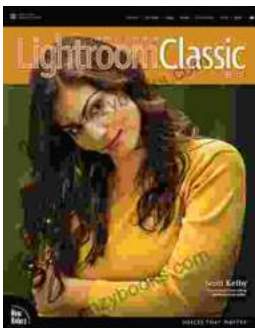
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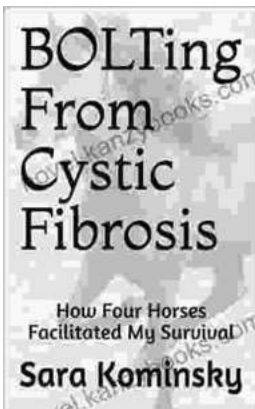
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