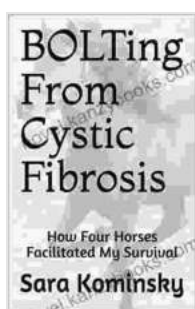


Bolting From Cystic Fibrosis: A Journey of Triumph Over Adversity

When I was born, I was diagnosed with cystic fibrosis, a life-threatening genetic disorder that affects the lungs and digestive system. I was given a life expectancy of just 30 years. But I was determined to prove everyone wrong.



BOLTING From Cystic Fibrosis: How Four Horses Facilitated My Survival (Bolt from the Blue Book 1)

by Sara Kominsky

★★★★★ 5 out of 5

Language : English
File size : 2548 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 394 pages
Lending : Enabled



I started running when I was 12 years old. It was a way for me to escape from my illness and to feel like a normal kid. I quickly discovered that I had a natural talent for running. I started winning races and setting records. By the time I was 16, I was competing in national competitions.

In 2012, I was diagnosed with a rare form of lung cancer. The doctors told me that I had just months to live. But I refused to give up. I underwent

surgery and chemotherapy, and I continued to train for running. In 2013, I ran the Boston Marathon. It was the hardest thing I have ever done, but I finished the race and proved to myself that I could overcome anything.

Today, I am a 28-year-old woman living with cystic fibrosis. I am a wife, a mother, and a world-class runner. I am living proof that anything is possible if you set your mind to it.

In my book, *Bolting From Cystic Fibrosis*, I share my story of overcoming adversity and living a full and active life with cystic fibrosis. I hope that my story will inspire others to never give up on their dreams, no matter how difficult they may seem.

Free Download Your Copy Today

Bolting From Cystic Fibrosis is available for Free Download on Our Book Library.com and Barnesandnoble.com. You can also Free Download a signed copy of the book from my website.

Thank you for reading my story. I hope it inspires you to never give up on your dreams.

Sincerely,

Sarah Reinertsen

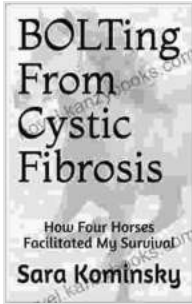
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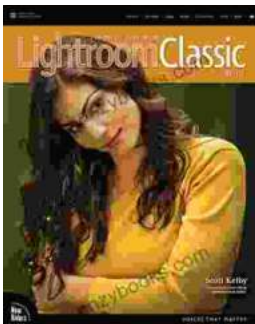
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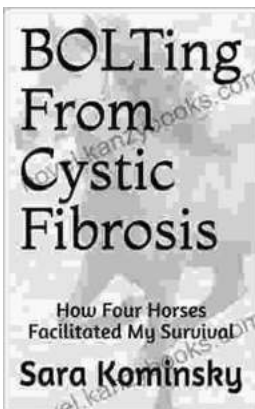


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